

4-5

YEAR OLD

MILESTONES

Fine Motor

Three finger pencil grip

Copies shapes

Cuts curves then circles then shapes

Gross Motor

Can balance on one foot

Climbs and hops

Starting to gallop and skip

Social

Words are clearer and easier to understand

Talking in full sentences

Interested in making friends and playing with other children their age

Other

Potty training (if not already)

Feeding self with adult help for knives

Sleeps at night unless sick or having bad dreams

Considerations

Every child has unique strengths and abilities.

Milestones are not a judgement of you or your child.

If you have concerns, let your child's care team know!