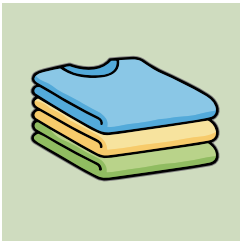


CHORES: 6-9 YEARS

School-age children thrive when they feel trusted to help! Chores at this age build independence, planning, and life skills while teaching teamwork and responsibility.



FOLDING AND PUTTING AWAY LAUNDRY

Show your child how to fold shirts, match socks, and organize drawers. This strengthens sequencing, coordination, and independence with daily routines.



HELPING COOK SIMPLE MEALS

Let them mix ingredients, stir batter, or make sandwiches. Cooking builds attention, safety awareness, and pride in helping the family.



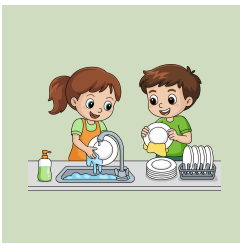
SWEEPING OR VACUUMING SMALL AREAS

Teach them to clean crumbs or use a handheld vacuum. This builds gross motor skills, attention to detail, and a sense of responsibility for shared spaces.



TIDYING THEIR BEDROOM

Encourage them to make their bed, organize toys, and clear surfaces. It promotes self-organization and accountability for their environment.



HELPING WITH SMALL HOUSEHOLD PROJECTS

Include them in organizing drawers, sorting mail, or wiping counters. It teaches initiative, problem-solving, and pride in shared accomplishments.