

CHORES: 1-2 YEARS

Toddlers love to help! Simple “jobs” build confidence, coordination, and responsibility while strengthening family routines.



PUTTING DIRTY CLOTHES IN A HAMPER

Have your toddler toss their socks or shirt into the laundry basket. It builds independence and helps them learn where things belong.



CARRYING THEIR CUP OR SNACK TO THE TABLE

Encourage them to bring their snack or cup with both hands. This promotes focus, balance, and pride in doing small tasks.



HELPING MAKE THE BED

Let them pull up the blanket or place a stuffed animal on the bed. It's a fun way to include them in morning routines and build sequencing skills.



HELPING PUT AWAY CLEAN CLOTHES

Let your child hand you items or place small things (like socks) into drawers. It encourages organization and builds matching and sorting skills.



THROWING AWAY TRASH WITH SUPERVISION

Ask your child to throw away a tissue or napkin in the trash. It reinforces following directions and caring for the home environment.