

3-6 YEAR OLD

FINE MOTOR

3 Years

At 3 years old, kiddos are starting to play with toys and thread large beads

- Give them blocks to stack and create a 6-8 block tower
- Use a shoelace and macaroni to make pasta necklaces

4 Years

At 4 years old, kiddos start to manipulate items more precisely

- Have them put together large-pieced puzzles
- Use dressing-up as a way to introduce buttons and zippers

5 Years

At 5 years old, kiddos hold writing tools more precisely

- Draw an animal with simple shapes and have them use a crayon to trace
- Write their name and have them trace it

6 Years

At 6 years old, kiddos will be able to draw/write independently

- Have them draw themselves with more detail (eyes, toes, hair, etc.)
- Have them write their name in their favorite color on every paper they use

Extras

This age group is starting to really figure out what they are able to do with their hands using their own brain power.

- Playdough, Duplo Lego blocks, and puzzles are fun everyday activities

