

1-2 YEAR OLD FINE MOTOR

Blocks

- 1-2 year olds are able to stack 2-4 blocks
- Given your toddler small 1 -inch blocks and model how to stack them
- Let your toddler have fun knocking down block towers

Puzzles

- 1-2 year olds are able to complete 2-6 piece jigsaw/knob puzzle
- Help your toddler to complete basic puzzles with big sturdy pieces
- Gradually increase the number of pieces as your toddler develops

Coloring

- 1-2 year old babies may begin to scribble with
- Tape paper to a high chair and let baby color with crayons
- Give toddler chalk to color on cement while outside

Hiding Games

- 1-2 year olds start developing problem-skills and object permanency
- Hide small, safe toys and have your toddler find them
- Play hide and seek with your toddler

Body Parts

- 1-2 year olds can identify 6 or more body parts
- Show your toddler the motions for "head-shoulder-knees-and-toes"
- Let your toddler explore their bodies and yours

